

**WELSH ATHLETICS ROAD/CROSS COUNTRY COMMITTEE
MINUTES OF VIRTUAL MEETING HELD ON WEDNESDAY 6th OCT
2021**

PRESENT: -

Alaw Beynon-Thomas, Graham Finlayson, Martin Green, Nikki Haines, Steve Jones, Sharon Leech, Adrian Palmer, Pete Sowerby, Kevin Tobin

APOLOGIES :-

Alex Donald

MATTERS ARISING (from previous meeting of 14th July 2021)

- Cardiff 5K (Welsh Championships) a successful event with much positive feedback. The Welsh teams were successful, Charlotte Arter also securing a Welsh road 5K record. The team was slightly smaller than hoped due to injuries, however some very good performances, many securing a pb. NH unfortunately had to make her apologies as Team Manager due to health reasons, Clara Evans deputised for her, we're grateful for her help at such short notice, also thank you to Carwyn Jones, men's TM
- Cardiff Bay 10K, Welsh 10K Championships, a successful event
- London Marathon included the Welsh Marathon Championships
- Final event of the Pembrey/ Rhyl Welsh 5K series held, series deemed a success and athletes keen to see this becoming an annual event
- AP confirmed a representative team will be sent to Leeds Abbey Dash

CORRESPONDENCE RECEIVED

- Rob Cameron emailed regarding Inter Area Match at Leeds Abbey Dash. SL directed him to liaise with Adrian Palmer at WA, Regional reps have been asked to ask Regions to support a team to travel. James Thie emailed to update that he will lead on this (AP away until October) – Welsh team selected for the fixture
- Rob Cameron has been in touch to ask for the return of the Tudor Trophy from the 2019 event, also forwarded to AP/JT. AP to chase this up following today's meeting
- Liz Davies contacted KT to explain the selection process for the forthcoming London Mini Marathon, details have been

ACTION

**JT/Committee/
Regional Reps**

AP/JT

<p>published on WA website. No trial race, athletes selected based on season's performances</p> <ul style="list-style-type: none"> • Pete Morris contacted GF to question the selection process of the London Mini Marathon, as it was not a Committee decision, PM was advised to get in touch with WA for more details • RLP contacted SL as is keen to advertise for race providers to bid to host Welsh Championship races for 2022. The Welsh 5K, 10K, Half and Marathon Championships for 2021 are already confirmed. SL suggested adverts are put on the website/ race providers are contacted • Keith Brackstone (Midlands area) has liaised with GF with a view to possibly fielding inter-area teams within the Cardiff Cross Challenge. GF gave an update that there is no budget for this, so there will be no inter-area team event. Next year it's hoped the Cardiff X will be supported by UKA and become an IAAF event • SJ confirmed that the SIAB XC 2022 will be held at Pembrey • GF received email from Keith Brackstone regarding the Inter Area Telford 10K on December 12th. SL forwarded to James Thie and Adrian Palmer for info, no update as yet, AP to take matter to JT and CJ for discussion • Liz Davies sent a junior fixture calendar to the Committee – fairly unchanged from previous years, apart from a proposal to only send U15 and U17 teams to 2022 London Mini Marathon. Committee to submit their thoughts to Liz as to whether an U13 team should also be included • JW sent an email confirming that the ERRRA will not allow Welsh Clubs to compete at the Autumn road relays, but they will be allowed to compete in the Spring. This is disappointing news, however England Athletics are working with UKA to explore a possible British Championships in the Autumn from next year which would probably be the long-term solution to this 	<p>RLP</p> <p>AP</p> <p>AP</p> <p>Committee</p>
<p>PERFORMANCE</p> <p>No update from Performance team, however:</p> <ul style="list-style-type: none"> • Welsh 5K Champions (Cardiff Race for Victory Aug) Abed Teweldebrhan and Charlotte Arter • Welsh 10K Champions (Cardiff Bay 10K Sept) Abed Teweldebrhan and Alaw Beynon Thomas • Welsh Marathon Champions (London Oct) Josh Griffiths and Natasha Cockram • AP to come back to the Committee regarding a possible Welsh representative match at Milton Keynes cross country, in preparation for the European Cross Country 	<p>AP/Performance team</p>

Trial at Liverpool. AP also to discuss with performance team potential road fixtures, such as Telford 10K and a Half Marathon

2021 ROAD & CROSS COUNTRY COMPETITIONS PROGRAMME

Domestic:

- Cardiff Cross Challenge 16th October
- Leeds Abbey Dash, 24th October (inc Inter Area match). Welsh Representative Team plus Regions to send teams
- Welsh Half Marathon Championships, Llanelli Half Marathon 31st October
- Gwent League 13th November, venue tbc
- Inter Regional Cross Country 20th November, Brecon, to include Inter-Schools and Colleges
- Liverpool X Challenge 27th November, U17 U20 teams, up to 4 m/f
- Celtic and Home Countries International 22nd January inc. U20 U17 teams, Dundonald, Scotland
- February 2022 Armagh 5K inc U20 team
- Welsh Cross Country Championships 26th February 2022
- SIAB X Country Championships Pembrey, 26th March 2022 (inc 2 teams of 4 mixed relay U15 U17)

International:

- None arranged due to current travel restrictions

SCHOOLS:

- SIAB T & F, Saturday September 25th (Derby). 11 medals won, team affected by illness, many athletes performed well with pb performances.
- London mini marathon 3rd October was held over a shorter course, 2.6K, 2nd place performance in the U13 girls race (Libby Hale, Swansea), 11th placing in U15 boys race (Iwan Thomas, Carmarthen)
- Forthcoming competitions: SIAB Cross Country, Saturday 26th March Pembrey

AOB

- Martin Green is Team Manager for Leeds Abbey Dash, JT Team Lead *addition: Team update from JT 7.10.21
Male: Matt Edwards, Daniel Hamilton, Nathan Jones & Abed Teweldebrhan **Female:** Beth Kidger, Lauren Cooper, Sophie Harris & Jenny Nesbitt

<ul style="list-style-type: none"> Committee sent (either directly or via SL) their individual opinions regarding an U13 Welsh Schools team at the London Mini Marathon to Liz Davies <p>DATE & TIME OF NEXT MEETING</p> <ul style="list-style-type: none"> Nov 10th, 2021, <u>5.15pm</u>. Microsoft Teams invite will be sent to members for another virtual meeting 	<p>KT</p>
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